

Next level productivity



Dell Pro P 22 Monitor

MODEL: P2226H

The world's # 1 monitor company*

Dell Monitors are #1 Worldwide for 11 years!*

*Source: IDC Worldwide Quarterly PC Monitor Tracker, Q3 2025. From 2014 to 2024.

4-star certified monitor for eye comfort¹



Get enhanced visual comfort and seamless connectivity with this 22-in FHD monitor.

Enhanced eye comfort

This monitor is TÜV Rheinland® 4-star certified for eye comfort, designed to help minimize eye fatigue.

Equipped with built-in hardware low blue light technology, it reduces harmful blue light emissions to $\leq 35\%$ while maintaining vibrant, true-to-life colors with 99% sRGB coverage.

The 100Hz refresh rate delivers less flicker, more seamless scrolling, and smoother motion for a more comfortable viewing experience.

Connect to productivity

Connect your accessories across a variety of ports, including DisplayPort 1.4, HDMI, and two quick-access ports (1 USB-C with up to 15W charging and 1 USB-A).

See your work clearly

With In-Plane Switching (IPS) technology, this monitor offers a wide 178°/178° viewing angle, so you can view your work with consistent color and image quality from virtually any angle.

Get deeper blacks and brighter whites with 1500:1 contrast ratio.

¹ Based off TÜV Rheinland® eye comfort certification.



Enhanced eye comfort

Stay productive while ensuring eye comfort. This monitor reduces harmful blue light emissions to ≤35% for all day eye comfort without sacrificing color accuracy. The 100Hz refresh rate delivers smoother motions visuals for enhanced viewing experience.



A better view from anywhere

See consistent images across wide viewing angles enabled by In-Plane Switching (IPS) technology and detailed images with 1500:1 contrast ratio on this FHD monitor.



Multitasking made easy

Boost efficiency with Dell Display and Peripheral Manager that lets you organize multiple apps on your screen.

Uninterrupted productivity with silent firmware updates that complete in just 2-3 minutes, reducing update time by up to 90%. Updates install seamlessly during PC disconnect or monitor sleep, with flexible scheduling ensuring devices stay updated without disruption.



Easy to connect

Connect your accessories with ease using a wide variety of ports, including two quick-access ports (1 USB-C with up to 15W charging and 1 USB-A). An intuitive on-screen display highlights port locations for effortless connectivity.

World's number 1 monitor company*

We deliver world-class monitors that have gone through rigorous development processes and stringent tests to ensure dependable performance. Get peace of mind with unmatched warranty and support options. Being environmentally forward in thinking, our monitors adhere to environment standards and are made with sustainable materials.

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Environmentally forward thinking

Intentional design in every part

At the heart of our design is a commitment to sustainability. That's why our monitor helps reduce waste with a design made from recycled materials with up to 95% post-consumer recycled plastic, 100% recycled aluminum, 80% recycled steel and 20% recycled glass.¹

Environmental standards

This monitor is certified ENERGY STAR®, registered EPEAT Gold with Climate+ and carries the latest TCO Certification and is TCO Certified Edge, ensuring the use of safer materials, renewable energy use, and extended product life.²

Seamlessly modernize your tech

We can help you responsibly and securely retire your legacy IT equipment, regardless of brand, while addressing your sustainability goals.

Packaging with purpose

This monitor ships in a box made from 100% recycled or renewable materials. We are reducing paper usage in monitors packaging, which is the equivalent to saving 790 trees annually.³

¹ Based on internal analysis, December 2025. Up to 95% recycled plastic throughout the device, 100% recycled aluminum in the stand, up to 80% recycled steel in the monitor head and stand, and up to 20% recycled glass in the panel.

² Based on internal analysis, December 2025. ENERGY STAR certifications may vary by region and configuration. See www.energystar.gov/productfinder/ for certification status. EPEAT registered where applicable. EPEAT registration varies by country. See www.epeat.net for registration status by country. TCO Certification may vary by region and configuration. See www.tco-certified.com/product-finder/ for certification status.

³ Based on internal analysis, December 2025. Packaging Applies to all Dell monitors launched since 2023. Made from FSC mix sources which is a mix of material from FSC certified forests, recycled content and/or FSC controlled wood. January 2025, introduced cushions now made from corrugated materials. Paper reduction applies to all Monitors shipping in 2026. Reductions in paper usage in monitor packaging is attributed to the quick start guide size reduction and calibration sheet digitization. Calculation for trees saved based on: Detailed Calculator | 10 THOUSAND TREES. <https://www.omnicalculator.com/everyday-life/paper-weight>



All day comfort

Get a seamless viewing experience across dual screen setup with ultra-thin bezel design.



De-clutter your workspace

Free up your desk space with the small monitor base and hide cables from view by tucking them into the riser.¹



Easy-to-use

Navigate the onscreen menu and adjust settings with a convenient joystick control.

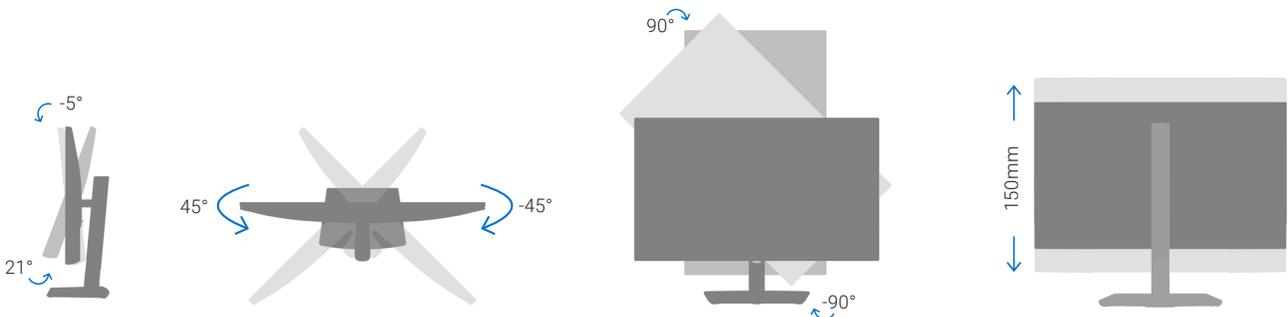


Quick access

Thoughtfully designed with 2X quick access ports (1 USB-C with up to 15W charging and 1 USB-A) on the bottom bezel and an intuitive on-screen display for effortless device connectivity.

Work with ease

Adjustability to suit your preferences throughout the day with tilt*, swivel*, pivot*, and height adjustment (up to 150mm)*.



Dell Display and Peripheral Manager



Screen image simulated for illustrative purposes only. Monitor model varies.

Experience Dell's singular, innovative application to optimize the performance of your entire Dell PC workspace.¹

Maximize productivity

Easy Arrange tiles apps across screens with pre-set partitions and customizes up to five windows, enhancing multitasking. Easy Arrange Memory saves and restores app profiles manually, on schedule, or at start-up.

Customize your views

Work comfortably, day or night. Automate your brightness and contrast settings to match your schedule.

More manageable

Simplify management with Dell Display and Peripheral Manager (DDPM) and Dell Device Management Console (DDMC) through the cloud, enabling IT administrators to configure and deploy updates with ease.

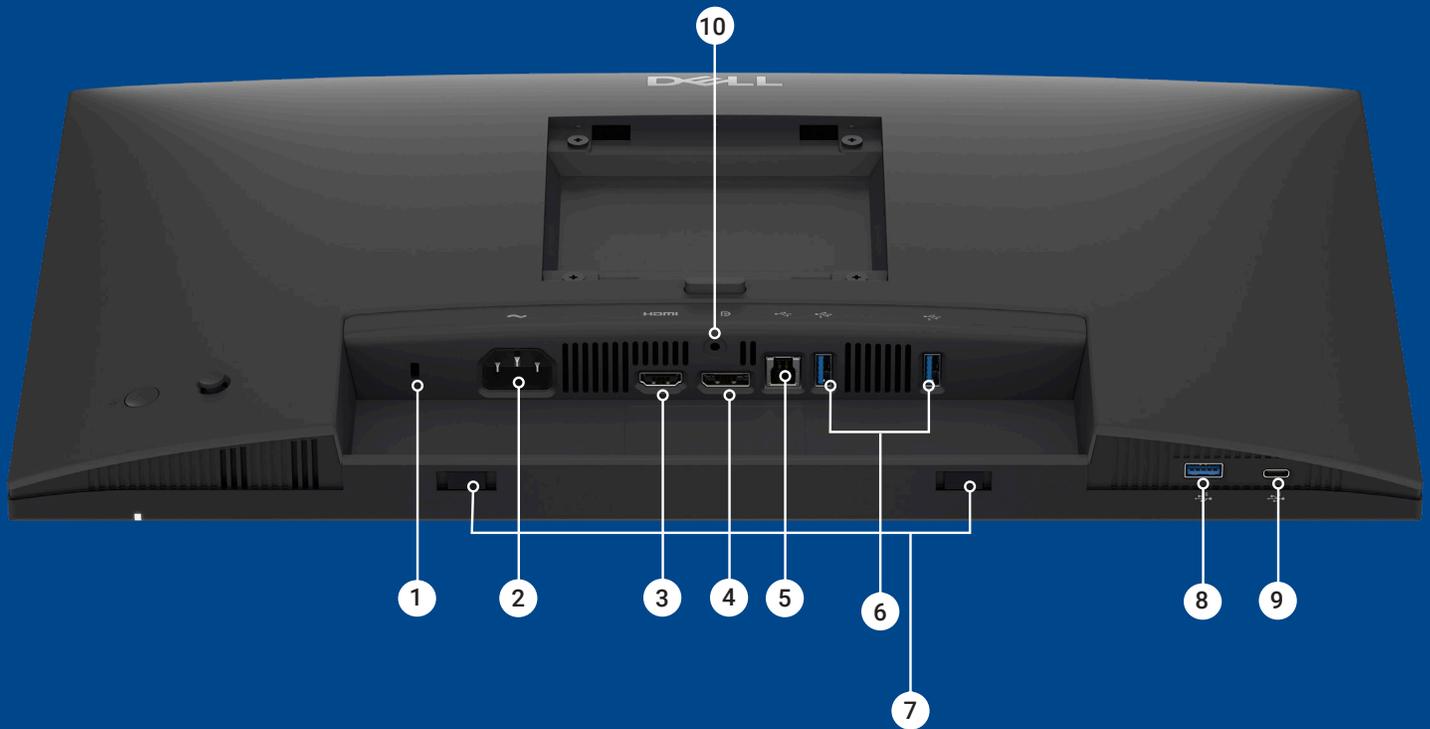
Experience firmware updates that are faster, smarter and completely silent.

[Download Dell Display and Peripheral Manager](#)

¹ Based on Dell internal analysis – December 2024.

² Based on Dell internal analysis, November 2024

Ports & Slots



- | | |
|---|--|
| <p>1 Security lock slot (based on Kensington Security Slot™)</p> <p>2 Power connector</p> <p>3 HDMI 1.4 (HDCP 1.4) (Supports up to FHD 1920 x 1080 100Hz TMDS as per specified in HDMI 1.4)</p> <p>4 DisplayPort 1.4 (HDCP 1.4) (Supports up to FHD 1920 x 1080, 100Hz)</p> | <p>5 USB Type-B 5Gbps upstream</p> <p>6 USB Type-A 5Gbps downstream (2)</p> <p>7 Soundbar slots (2)</p> <p>8 USB Type-A 5Gbps downstream</p> <p>9 USB-C 5Gbps downstream (up to 15W charging)</p> <p>10 Stand lock</p> |
|---|--|

FEATURE	TECHNICAL SPECIFICATION
MODEL	Dell Pro P 22 Monitor - P2226H
MONITOR COLOR	Dark Gray
DIAGONAL VIEWING SIZE	546.2 mm (21.5")
ASPECT RATIO	16:9
MAXIMUM PRESET RESOLUTION	1920 x 1080
REFRESH RATE	Up to 100 Hz
PANEL TYPE	In-Plane Switching (IPS) Technology
VIEWING ANGLE (H/V)	Horizontal: 178° Vertical: 178°
DISPLAY SCREEN COATING	Anti-Glare (AG) with hard-coating 3H
PIXEL PITCH	Horizontal: 0.24795 mm Vertical: 0.24795 mm
PIXEL PER INCH (PPI)	102
CONTRAST RATIO	1,500:1 (typical)
BRIGHTNESS	300 cd/m ² (typical)
RESPONSE TIME	8 ms (gray to gray normal mode) 5 ms (gray to gray fast mode)
COLOR GAMUT	sRGB 99% (CIE 1931) (typical) BT.709 99% (CIE 1931) (typical)
COLOR DEPTH	16.70 million colors
PANEL BITS	8-bit (6-bit+FRC)
TÜV RHEINLANDEYE COMFORT CERTIFICATION	4-Star
LOW BLUE LIGHT	Hardware Solution Category II
FICKER FREE	Yes
CONNECTIVITY (BACK)	<ul style="list-style-type: none"> 1 HDMI port/s (HDCP 1.4) (Supports up to 1920 x 1080, 100 Hz as specified in HDMI 1.4) 1 DisplayPort 1.4 (HDCP 1.4) port/s 2 USB Type-A 5Gbps downstream port/s 1 USB Type-B 5Gbps upstream port/s
CONNECTIVITY (FRONT)	1 USB Type-A 5Gbps downstream port/s
USB Type-C	1 USB-C 5Gbps downstream port/s, Power Charging up to 15 W
SOFTWARE COMPATIBILITY	Dell Display and Peripheral Manager (DDPM)
SECURITY	Security lock slot (cable lock sold separately)
PLATFORM SUPPORTED	Windows
TAA COMPLIANT	Yes
LIMITED WARRANTY	3 year
ADDITIONAL WARRANTY INFORMATION	3-Year Advanced Exchange Service and Premium Panel Exchange Advance Exchanged Service: If needed, a replacement part or unit is dispatched after completing phone or online diagnosis. A fee applies if the defective unit is not returned. Availability may vary. Additional conditions apply.
STAND HEIGHT RANGE	150 mm
TILT ANGLE	-5° to 21°
SWIVEL ANGLE	-45° to 45°
PIVOT ANGLE	-90° to +90°
FLAT PANEL VESA MOUNT INTERFACE	100 mm x 100 mm
BEZEL WIDTH (TOP)	6.00 mm (0.24 in.)
BEZEL WIDTH (LEFT OR RIGHT)	6.00 mm (0.24 in.)
BEZEL WIDTH (BOTTOM)	12.00 mm (0.47 in.)
STAND DIMENSIONS – HEIGHT	Extended: 410.80 mm (16.17 in.) Compressed: 364.00 mm (14.33 in.)
STAND DIMENSIONS – WIDTH	249.80 mm (9.83 in.)

FEATURE	TECHNICAL SPECIFICATION
STAND DIMENSIONS – DEPTH	181.75 mm (7.16 in.)
MONITOR WITH STAND – HEIGHT	Extended: 482.39 mm (18.99 in.) Compressed: 364.00 mm (14.33 in.)
MONITOR WITH STAND – WIDTH	488.06 mm (19.22 in.)
MONITOR WITH STAND – DEPTH	181.75 mm (7.16 in.)
WEIGHT (WITH PACKAGING)	6.12 kg (13.50 lbs)
WEIGHT (WITHOUT STAND AND CABLES)	2.58 kg (5.69 lbs)
WEIGHT OF STAND ASSEMBLY	1.50 kg (3.31 lbs)
WEIGHT (WITH STAND AND CABLES)	4.40 kg (9.70 lbs)
VOLTAGE REQUIRED	100 VAC to 240 VAC/50 Hz or 60 Hz ± 3 Hz/1.5 A
POWER CONSUMPTION	Off mode: 0.30 W Standby mode: 0.30 W On mode: 10.90 W Max: 60.00 W
HUMIDITY RANGE	Operating: 10% to 80% (non-condensing) Non-operating: 5% to 90% (non-condensing)
ALTITUDE	Operating: 5,000 m (16,404 ft) maximum Non-operating: 12,192 m (40,000 ft) maximum
TEMPERATURE RANGE	Operating: 0°C to 40°C (32°F to 104°F) Non-operating: -20°C to 60°C (-4°F to 140°F)
COUNTRY OF ORIGIN	China and Vietnam
ENVIRONMENTAL COMPLIANCE & CERTIFICATION	<ul style="list-style-type: none"> Restriction of Hazardous Substances (RoHS) TCO Certified 10 TCO Certified Edge Arsenic-Free glass and Mercury-Free for the panel only BFR/PVC free monitor (excluding external cables) Electronic Product Environmental Assessment Tool (EPEAT Gold) China Environmental United Certification Center (CEC) California CEC China Restriction of Hazardous Substances (China RoHS) Eurasian Economic Union Restriction of Hazardous Substances (EAEU RoHS) Registration, Evaluation, Authorization and Restriction of Chemicals (REACH) Waste Electrical and Electronic Equipment Directive (WEEE) Meets NFPA 99 leakage current requirements. Product Safety, EMC and Environmental Datasheets Dell Regulatory Compliance Home Page Dell and the Environment Electronic Product Environmental Assessment Tool Climate+ (EPEAT Climate+)
ENERGY EFFICIENCY COMPLIANCE & CERTIFICATION	<ul style="list-style-type: none"> ENERGY STAR 8.0 Energy-related Products Directive Lot 5 (ErP Lot 5) Korea MEPS GS Mark Minimum Energy Performance Standards (MEPS)
WHAT'S INCLUDED	<ul style="list-style-type: none"> Monitor with stand Power cable 1 DisplayPort-DisplayPort cable - 1.80 m 1 HDMI cable - 1.80 m (for selected countries only) 1 USB Type-A to Type-B upstream cable - 1.80 m QR card Safety, Environmental, and Regulatory Information

Steadfast reliability

As the No. 1 monitor company worldwide*, we take pride in our unyielding commitment to quality and the utmost in customer satisfaction.

Premium Panel Exchange

Dell's Premium Panel Exchange (PPE) allows panel replacement on monitors during the Dell Limited Hardware Warranty period even if only one bright pixel is found. PPE is not a standard or up-sell Support Service.

Advanced Exchange Service

Your monitor comes with Advanced Exchange Service¹. If, after remote diagnosis, a monitor replacement becomes necessary, it will be shipped to you the next business day.

ProSupport

Get a higher level of support with ProSupport for Monitors². You'll get 24x7 support² for set-up, configuration, troubleshooting and more from highly trained ProSupport engineers.



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^{*}Source: IDC Worldwide Quarterly PC Monitor Tracker, Q3 2025. From 2014 to 2024.

- 1 Advanced Exchange Service replaces hardware after remote diagnosis. The customer must return the original hardware to Dell according to the rules specified. Advanced Exchange Service is subject to country availability. For complete details about On-site Service or Advanced Exchange Service, see more for details, <https://www.dell.com/en-us/lp/legal/global-commercial-service-contracts>
- 2 In some countries, hours for in-region support may vary. Support after local business hours may be provided in a language other than the local language.

Technical specifications subject to change without prior notice. Product availability varies by country. Please contact your Dell representative for more information.

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